

2018-2020 Report



Dear aspiring and fellow OT practitioners:

Thank you for supporting each other during a time when our health care systems, educational institutions, homes, and communities have been anything but routine. We've taken on new roles and enhanced our problem-solving skills. We appreciate all the care, creativity, and clinical judgement you use in both your practice and personal endeavors. NOTA is here to serve you and thank you for your work.

Sincerely,

The Board of the Nevada Occupational Therapy Association

Mission 2020

We seek to advance and advocate for the profession and practice of occupational therapy.

We also strive to further educational opportunities, increase professional engagement of occupational therapy practitioners, promote evidence-based practice, and align ourselves with the practice standards established by AOTA.

Vision 2020

For Nevada residents to participate in meaningful occupations in their homes and communities.

NOTA aims to support you as an OT and make Nevada a better place for OTs.

NOTA recognizes we have a role in supporting diversity for our clients and for our practitioners. We stand in solidarity with our clients, practitioners, students, and faculty of color, and especially our black community. We know there are many ways to address diversity and are working to be more inclusive, diverse, and cohesive as a professional organization to help reduce health care disparities. We are working towards specific action related to this in 2020-2021 and need your involvement. Please email us at nevadaota@gmail.com.



Advocacy Update

1. Representation at AOTA Hill Days in DC.
2. April as OT Month Proclamation in Reno, Henderson, Las Vegas.
3. Response letter to Division of Public & Behavioral Health Community Based Living Arrangement Performance Audit Report.
4. Comment at NV Commission on Professional Standards in Education: NOTA recommended to the Commission to not require specialty school-based certification for school-based practitioners and updated their language regarding our accrediting body.
5. Calls to Action: SB 319 to add occupational therapy practitioners to list of other school-based personnel to increase pay for school-based therapists (OTs were added, then removed).
6. Increased participation in NV Board of Occupational Therapy Meetings, with NOTA positions on clarifying language for administrative codes, eliminating language around reducing scope of practice regarding dry needling, and striking the recommended OTR/COTA ratio cap.

Proclamation

WHEREAS, occupational therapy professionals help people of all ages participate in the things they want and need to do through the therapeutic use of everyday activities; and,

WHEREAS, unlike other professions, occupational therapy helps people function in all of their environments such as work and school as well as addresses the physical, psychological and cognitive aspects of their well-being through engagement in occupation; and,

WHEREAS, the services of occupational therapy are available to Henderson residents through hospitals, home health agencies, schools, clinics and nursing homes; and,

WHEREAS, the health and productivity of residents depend upon the effective use of health care resources, including the important services of occupational therapists and occupational therapy assistants; and,

WHEREAS, the American Occupational Therapy Association has declared the month of April 2018 as Occupational Therapy Month; and,

WHEREAS, the City of Henderson has a mission to provide services and resources that enhance the quality of life to those who live, learn, work and play in our city;

NOW, THEREFORE, I, Debra March, as Mayor of the City of Henderson, Nevada, do hereby proclaim the month of April 2018 as

NATIONAL OCCUPATIONAL THERAPY MONTH

and call upon Henderson residents to recognize the achievements and contributions of these valued health professionals.

IN WITNESS WHEREOF, I have set my hand and caused the Great Seal of the City of Henderson, Nevada, to be affixed first day of April 2018.



Debra March
DEBRA MARCH
Mayor, City of Henderson

ATTEST:

Sabrina Mercadante
SABRINA MERCADANTE, MMC
City Clerk

NOTA Internship Program in Collaboration with the UNLV Honors College

Community Internships for non-UNLV Honors students are also available.

2019: First intern from UNLV

2020: Two interns: one from UNLV and another community intern

Thank you to our interns! You will make great leaders in our profession.

All three occupational therapy programs in Nevada are represented in NOTA membership:

Social Media: Connect with Us!



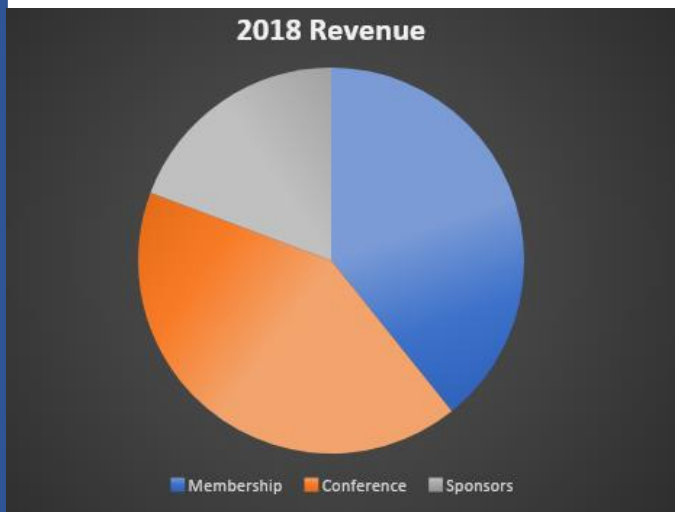
Facebook: 625 Followers
@nvota



Instagram: 144 followers
@nvotassociation

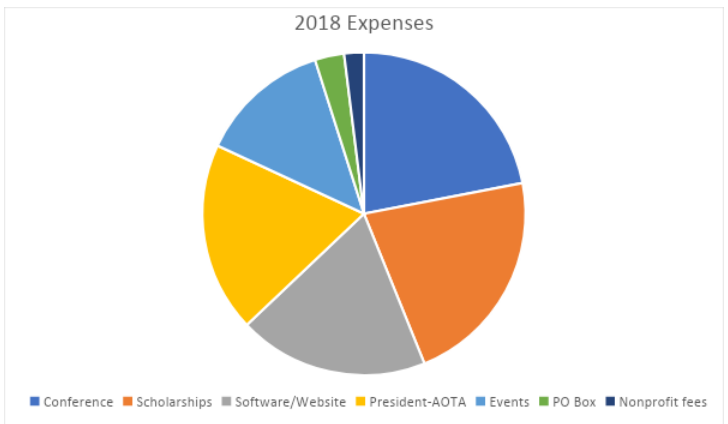


Financial Reports 2018



2018 Revenue

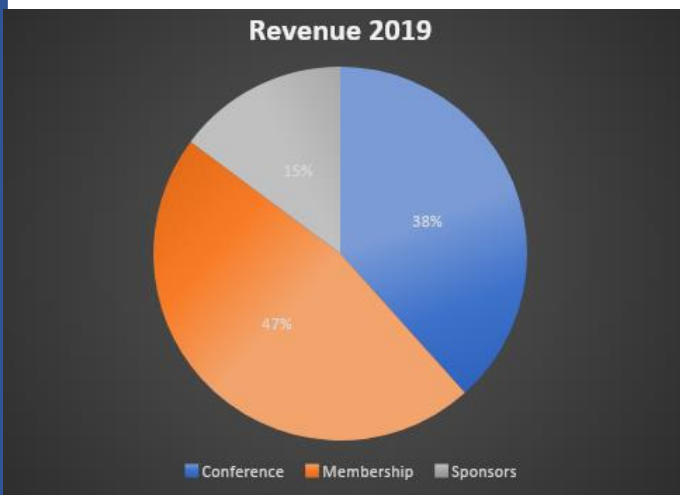
Membership: \$4,070.00
 Conference Registration: 4,300
 Sponsorship (Conference): \$2,000
 Total: \$10, 370



2018 Expenses

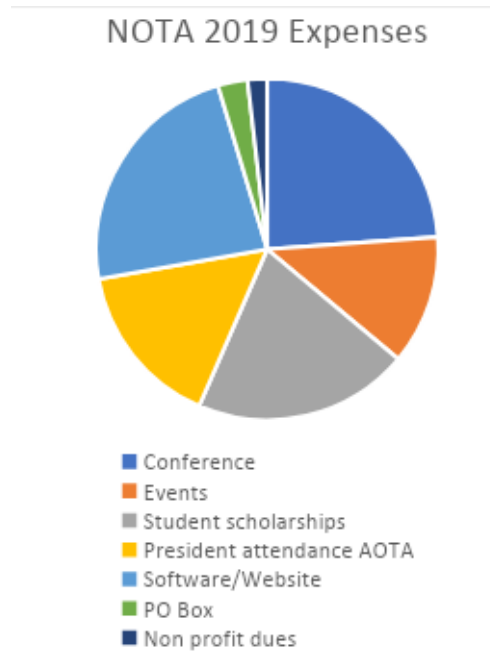
Conference Expenses: \$1500 (was split with PT)
 Student Scholarships: \$1500
 Software and Website Management: \$1300
 NOTA President attendance at AOTA Conference: \$1,200
 Events: \$900
 P.O Box: \$200
 Non-profit fees: \$135
 Total: \$6,735

Financial Reports 2019



2019 Revenue

Conference Registrations: \$4,801
 Membership: \$5,860
 Sponsors (Conference): \$1, 850
 Total: \$12, 511



2019 Expenses

Conference: \$1511
 Events: \$1390
 Scholarships: \$1500
 President attendance AOTA: \$1154
 Software/Website: \$1674
 P.O. Box: \$206
 Non-Profit Dues: \$135
 Total: \$7,570

20% of U.S. Autism Association Conference

10% off membership to www.occupationaltherapy.com

Member Discounts

\$100 off course in Certification in Infant Massage Instruction

\$30 off Complete Shoulder Rehabilitation Course through Medical Minds in Motion

2020 Western Regional OT Spring Symposium

NOTA Hospitality Booth a Success!

Seven OT state associations from the west joined forces for a collaborative conference with Drs. Michael Iwama and Frank Kronenberg as Keynote Speakers. NOTA welcomed attendees with a fun and interactive booth.

Conferences

2020: Functional Cognition –Tentatively 9/26/2020

2019: Looking Through Lens of Mental Health

2018: Partners in Practice: Interdisciplinary OT and PT Conference



“I learned about catastrophic pain’s effect on mental health and how to manage it.” –NOTA Member, on the Looking through Lens of Mental Conference Session

“The Partners in Practice Conference renewed my enthusiasm for practice.” –NOTA Member

2020 Trip to Reno, NV for Nevada Board of Occupational Therapy Meeting, NOTA Happy Hour

NOTA wants to support all practitioners in Nevada and is working to connect with OTRs and COTAs outside of the Clark County area



On-Demand NOTA Nuggets:

In 2019, NOTA launched an on-demand resource for practitioners to learn about Evidence-based Practice

Topics include:

- 3D Virtual Learning for Youth with Autism
 - The Role of Doll Therapy with People with Dementia
 - TENS and Opioid Usage and Consumption
 - The Role of Dance Therapy in the Treatment of Parkinson’s Disease
- + Many More



NOTA
Nuggets

Testimony from Scholarship Winners: 2018 Winners:

Erin:

“Being awarded the NOTA scholarship fueled my confidence as a student and future practitioner. To know that you and your dreams are being supported by your state organization changes your way of thinking. Rather than being insecure upon graduation and entering the career world, I felt at ease knowing that other OT professionals envisioned great things for my future. We all join the OT world because we enjoy helping people, and I'm honored that NOTA selected to help me in a crucial time of growth and development.”

Brynn:

“The NOTA Scholarship money was instrumental in helping me to establish my private practice, Ocean of Change Therapy Services, where I specialize in providing aquatic occupational therapy services to children with disabilities in a community setting in the Las Vegas area.”

Sabrina:

“The NOTA scholarship award came at a time when I needed it most. I was able to buy textbooks for school and supplemental materials related to my fieldwork setting that helped enrich my learning experience, including materials for intervention ideas specific to various clinical settings, and education handouts for patients with different disabilities and diagnoses. I have used the educational materials I purchased with my scholarship ever since, and I will continue using them in practice, which will be invaluable as an entry level OT.”

Student Scholarship Winners

2019: 3 \$500 winners

2020: 3 \$500 winners

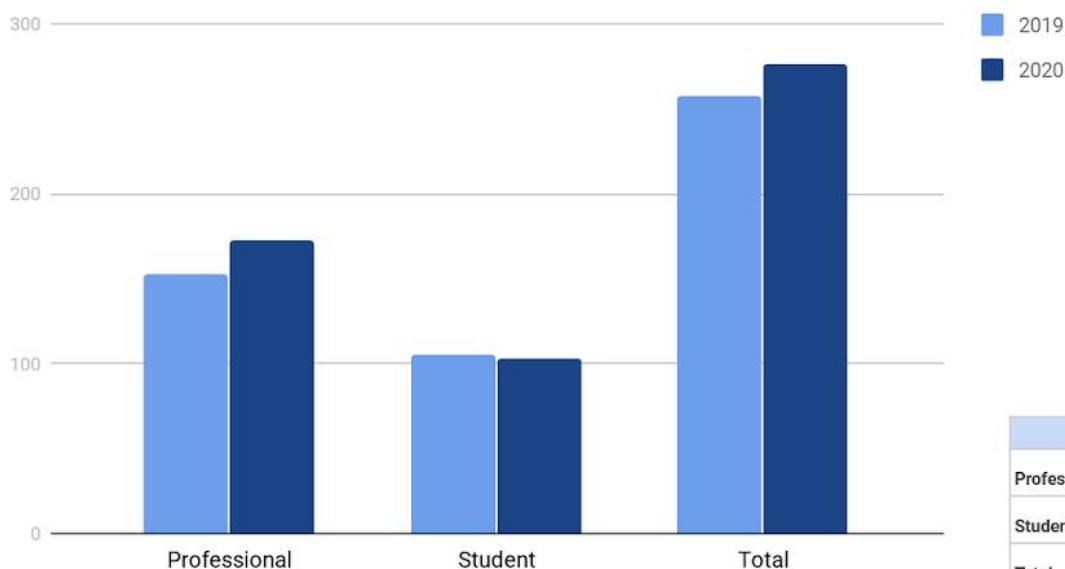
+Plans for Micro Grants to practitioners next year

Thank you to our scholarship committee and all applicants.



Scholarship Winner Sabrina, pictured with NOTA President Lacey and Scholarship Committeeperson Prabha

Membership Trends (2019-2020)



	2019	2020
Professional	153	173
Student	105	103
Total	258	276

Collaborative Sites

The follow sites have hosted NOTA meetings in 2018-2020, with practitioners presenting an evidence-based topic:

- MountainView Hospital
- University Medical Center
- YESnick Low Vision Center
- Touro University Nevada
- Cleveland Clinic: Lou Ruvo Center for Brain Health
- Pima Medical Institute
- Motivated Kids
- Thrive Therapies
- Valley Hospital
- Encompass Health Desert Canyon

Interested in hosting at your site?
Email us at nevadaota@gmail.com



Short Courses: 3-6 offered annually

2018-2020 Topics included:

- Sexuality & SCI
- OT in Trauma & ICU
- Falls Prevention
- Screenagers Screening
- Low Vision
- Encroachment Panel
- Systematic Review Poster Sessions
- + Many More

Thank you to the sites and practitioners for sharing your expertise with us!



OT Month Celebration:

Speed Networking

2020: Cancelled due to Covid

2019: 31 students & 31 Practitioners @
The Beacon Center

2018: 43 students & 23 Practitioners @
Touro University Nevada

**+ Happy Hours Around the State:
1-2 per year**

Looking ahead, our goals include:

- Increasing OTs' confidence
- Increasing support for a diverse workforce
- Increasing access to and use of evidence
- Increasing OTs in leadership positions
- Increasing networking opportunities
- Increasing advocacy efforts
- Forming relationships with state legislators
- Increasing support for practitioners furthering their education
- Including OTs across entire state of Nevada, establishing more support for northern and rural practitioners
- Expanding OTs role in mental health

To get involved, email us:
nevadaota@gmail.com

Board Officers of NOTA

President: Lacey Bukoskey, MSOT, OTR/L

Co Vice President*: Cynthia Lau, OTR/L, BCP, PhD

Co Vice President: Stephanie Anderson, MSOT, OTR/L

Treasurer*: Linda Frasier, OTD, OTR/L

Secretary: Paula Cook, OTD, OTR/L

Northern District Chair*: Sarah Burke, OTR/L

Southern District Chair: Edith Feld, MSOT, OTR/L

Legislative Chair: Shaina Meyer, OTR/L

Membership Chair: Alyssa Gremban, OTD, OTR/L

*Positions up for election in June 2020, newly elected officers begin July 1, 2020

We are always looking for more involvement and representation from practitioners and students in the community.

Case for Support

- Occupational therapists in Nevada serve clients in a variety of health care and community settings. Our health care system has struggled to keep up with the booming population, and our supply of occupational therapists is in high demand. This means you get paid well as an OT, but may work across settings or have little time at work to connect with other OTs. Our legislature here only meets every two years, so if OTs want a change in scope of practice, we need to be organized and proactive.
- NOTA aims to boost the moral and competence of occupational therapists, so we can better serve our clients. We make it easy to network with other therapists, attend continuing ed programs, and stay informed of changes to our regulations. You can invest in yourself and the profession by joining NOTA today. Your \$10-\$50 membership helps to bring in experts for conferences and short courses, provide networking platforms, create resources relevant to your practice, support actions to protect our scope of practice, and shows employers, the legislature, and regulatory board that Nevada has a robust community of professionals who care about their profession.

